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## Exodus 20:12-16

<sup>12</sup> Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

<sup>13</sup> You shall not murder.<sup>[c]</sup>

<sup>14</sup> You shall not commit adultery.

<sup>15</sup> You shall not steal.

<sup>16</sup> You shall not bear false witness against your neighbor.

### REFLECT & DISCUSS

#### Context

The 10 Commandments are composed of 2 sections: the first 3 commandments focus on worshipping and honoring God, and commandments 5-10 focus on relationships between humans. The fourth commandment is about the Sabbath, where God worship and human relationships intersect. To rest is both an act of worship and an act of respecting the dignity of human creatures--ourselves and others. God gives the Israelites these five commandments in hopes that they would start to treat each other with dignity and respect.

#### Big Ideas

- God desperately desires for humankind to live in community the way God originally intended.
- God's desire is for us to understand what it means to be created in the image of God.
- God is *not* setting us up for failure here. God truly believes this can be a reality.

#### Reflect

1. Read the scripture passage carefully and slowly. What word or image stands out to you? Why?
2. What does it mean to you to be created in the image of God? How does that change how you treat others?
3. Do you think these expectations are realistic? If not, why?
4. Who are your neighbors that you struggle to love as yourself, as Jesus commands us in the New Testament?
5. What will you do this week to make this expectation a reality?