

THE BEATITUDES

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Matthew 5:1-12

When Jesus^{*} saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. ²Then he began to speak, and taught them, saying:

3 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

4 'Blessed are those who mourn, for they will be comforted.

5 'Blessed are the meek, for they will inherit the earth.

6 'Blessed are those who hunger and thirst for righteousness, for they will be filled.

7 'Blessed are the merciful, for they will receive mercy.

8 'Blessed are the pure in heart, for they will see God.

9 'Blessed are the peacemakers, for they will be called children of God.

10 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

11 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely^{*} on my account. ¹²Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

REFLECT & DISCUSS

1. Read the passage slowly. Then take a deep breath and read it again in the second translation (next page). What word, phrase or image stands out to you?
2. Why do people climb mountains?
3. If you are a climber, what do you love about it? If you are not a climber, what activity or practice in your life might parallel climbing in some way?
4. What is your favorite scripture and/or book of the Bible and why? Or, if you don't have one, why not?
5. What do you need to do to go to the next level in your spiritual life?

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MATTHEW 5:1-12 (*The Message*)

5 1-2 When Jesus saw his ministry drawing huge crowds, he climbed a hillside. Those who were apprenticed to him, the committed, climbed with him. Arriving at a quiet place, he sat down and taught his climbing companions. This is what he said:

3 “You’re blessed when you’re at the end of your rope. With less of you there is more of God and his rule.

4 “You’re blessed when you feel you’ve lost what is most dear to you. Only then can you be embraced by the One most dear to you.

5 “You’re blessed when you’re content with just who you are—no more, no less. That’s the moment you find yourselves proud owners of everything that can’t be bought.

6 “You’re blessed when you’ve worked up a good appetite for God. He’s food and drink in the best meal you’ll ever eat.

7 “You’re blessed when you care. At the moment of being ‘care-full,’ you find yourselves cared for.

8 “You’re blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world.

9 “You’re blessed when you can show people how to cooperate instead of compete or fight. That’s when you discover who you really are, and your place in God’s family.

10 “You’re blessed when your commitment to God provokes persecution. The persecution drives you even deeper into God’s kingdom.

11-12 “Not only that—count yourselves blessed every time people put you down or throw you out or speak lies about you to discredit me. What it means is that the truth is too close for comfort and they are uncomfortable. You can be glad when that happens—give a cheer, even!—for though they don’t like it, *I* do! And all heaven applauds. And know that you are in good company. My prophets and witnesses have always gotten into this kind of trouble.

OTHER SCRIPTURES: Micah 6:1-8; 1 Corinthians 1:18-31; Psalm 15

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